## Friday, Jan 29, 2016

The weather is perfect for another walk in one of the many RAK wadis. This will be a full day trip. We will meet in RAK at 10 am and will return after 7 pm.

The wadi that we will visit is hidden behind a huge landslide that closed the valley and created a flat, once fertile area behind, dotted at the edges with abandoned villages and terrace fields. We will explore the remains of abandoned villages and terrace fields that are quickly disappearing through erosion, as well as observe the flora and fauna of the wadi.

We will stop by an old cemetery and then proceed towards the end of the road where the landslide starts. There's a path through the landslide boulders and the terrain behind the landslide is relatively flat, however you will still need decent fitness levels and good walking shoes. The area is <u>not</u> shaded and it gets hot during the day so plenty of water (at least 3 litres per person per day), hat, sun screen and sun glasses are essential. Bring snacks and picnic lunch.

Please apply only if you are able to cope with the daytime heat, uneven terrain and walk for 4 hrs (with breaks).

What to bring:

- Comfortable walking shoes with good grip (no flip flops or sandals!)
- Hat, sunglasses and sun cream
- Plenty of water at least 3 litres of water/isotonic drinks per person
- Snacks and packed lunch for a picnic in the wadi
- Reference books for flora and fauna identification

## The group is limited to a maximum of 20 people or 5 cars.

If the trip is over-subscribed, participants will be selected by drawing names on Tuesday evening at 10 pm and Sonja will send notifications accordingly, including details of meeting place.

Members who volunteer as trip leaders or contribute to Gazelle will have priority.

If interested, please contact Sonja: <a href="mailto:lavson@gmail.com">lavson@gmail.com</a>